

# **SoulCollage® Spring 4 Day Retreat 2017**

*With Dianne Mathes R.S.W. & Dawn Tracz B.S.W..R.S.W.*

*Create SoulCollage®  
cards on this 4 day retreat*

*Relax and nourish  
yourself with yoga  
and meditation*

*Know and learn  
about yourself in  
ways that may  
surprise you*



*April 21-24, 2017*

*Noon Friday to  
Monday 3 p.m.*

*Maximum:  
10 women*

**Have you ever longed for something different in your life? Or sensed there might be more than you are experiencing? Do you feel worried and stressed or that you are constantly planning and busy? Do you wish you could be calmer, more at ease with yourself and in life but cannot imagine or find a way to create that for yourself.**

**SoulCollage® is a way to explore what that might be for you.** A beautiful blend of art and collage, you simply pick images from magazines and make a card (no art experience is needed). We see images and through sight we connect to our heart and our soul, so images have wisdom for us that is more than our thoughts know. You are shown many different ways to explore and “read” your cards. You will be spending the weekend in a retreat space and on land that is loved and cared for by native elders. The property has a labyrinth and an area of standing stones for reflection.

***Location: Nature's Retreat Centre*** Near Erin, Ontario  
*45 min NW of Toronto*

***Dianne & Dawn are both Registered SoulCollage® Facilitators & Dawn is a Certified Yoga instructor. Both Dianne & Dawn are Registered Social Workers who bring many years of experience as well as their playful, compassionate and gentle approach to facilitation and their love of personal growth and creativity.***

For Further information or to register, please contact:

***Dawn Tracz at [dawntracz@gmail.com](mailto:dawntracz@gmail.com) or at 416-487-2404***

***Cost: \$525.00 if payment is received by March 24, 2017. Late Payment : (after March 24th): \$575.00  
Price includes the retreat, accommodation, food and all supplies for card making***

***To register: mail your deposit of \$100.00 ,payable to Dawn Tracz, at The Centre for Connections 4907A Dundas St West, Toronto, Ontario M9A 1B2. If you cancel within 2 weeks of the retreat we refund 50% of your fee, after deposit. Cancellations in the last week before the retreat are not refundable unless we can fill your space.***